



Verla's Valentine Delivery 2026

Over the years:

Kind at Heart volunteers have continued walking alongside her — porch repairs, a hospital bed setup, yard work, appliance replacements, and many small fixes in between. Each visit is practical, yes — but also relational. Sometimes the greatest gift is simply time at the kitchen table.

Walking with Verla

For more than a decade, one relationship has reminded us that care goes beyond repairs — it's about showing up, year after year. Because of community support, Verla has never had to navigate life's changes alone.

When we first met Verla Marsh in 2014, we were building a wheelchair ramp for her husband, Jack. What began as a single project grew into a lasting friendship — one that continues to shape both her life and ours.

Verla's story is marked by resilience. She worked her way through night school, built a career, raised five children, and shared 40 adventurous years of marriage with Jack — an Air Force veteran who, in her words, “treated me like a princess.” Together they built businesses, traveled widely, and created a life full of memories. After Jack's passing in 2019, life naturally shifted.

Today, Verla stays connected with family, treasures a close friendship that provides daily support, and leans deeply on her faith — which she describes as one of her strongest companions.

Homes like Verla's hold decades of memories, strength, and independence. Yet changing seasons of life can make everyday tasks harder. Consistent community care helps neighbors remain safe, confident, and connected.

For 12 years, it has been our privilege to walk alongside Verla — and truthfully, she has encouraged us just as much as we've served her. Her story reminds us that steady presence, offered with dignity and compassion, makes all the difference.



Verla with Volunteer, Greg 2021

VOLUNTEER HIGHLIGHT

TYLER HARRISON

Tyler may be known for his bright orange footwear — but his acts of service are anything but loud.

Tyler first met Verla when he was just 14 years old, helping his family with a Kind at Heart volunteer project. Verla took an instant liking to him — and over the years, their friendship continued to grow.

Later, Tyler began mowing Verla’s yard through a service sponsored by a local company. When the sponsorship ended a few years ago, Tyler made a simple decision: **“I won’t stop serving her.”** For the past two years, he has continued caring for her yard as a volunteer.

But Tyler doesn’t just mow and leave. He stays to visit, checks in to see how she’s doing, and never leaves without a hug.

This is what Kind at Heart is all about — neighbors building relationships that support and honor seniors. Small acts, offered consistently, make a lasting difference.



SHARED THE LOVE

Each Valentine delivery carried a simple but powerful message:

You are remembered.

One recipient told us, *“That made my day. I felt seen. I felt remembered. I felt like someone cared.”* Then she divided her bouquet and shared it with four other women who were also spending the day alone. One small act of kindness multiplied into five moments of connection.

Thank you to everyone who donated, prayed, volunteered, and helped spread the word. Your willingness to Share the Love made meaningful connection possible — one heart at a time.

Because of
YOU - 30
local widows
& widowers
received
Valentine
Deliveries



Finding Community Far from Home

MANY OLDER ADULTS MOVE TO BE NEAR FAMILY — ONLY TO FIND LIFE SHIFTING ONCE MORE. THROUGH COMPASSIONATE VOLUNTEERS - CONNECTION & BELONGING CAN GROW AGAIN.

Over the years, we've met many older adults who relocated across the country to be near family, help out children who have intense work schedules while raising their own family, only to discover that life shifts again. Seasons change — jobs move, families relocate, and suddenly the reason for the move is gone. Starting over again isn't always an option.

This is where volunteers make a powerful difference. As a small staff, we can't reach every neighbor who needs encouragement and support on our own. But through compassionate volunteers, doors are knocked on, conversations begin, and their community begins to grow again..

Sometimes volunteer visits become the bridge back to belonging — a reminder that even far from where life began, no one has to walk alone.

THE POWER OF SHOWING UP

Every stage of life brings new rhythms. For many older adults, this season includes quieter homes, changing routines, and learning to navigate life after major transitions.

For some, this season also brings unexpected change. Across the country, millions of older Americans now live independently after losing a spouse or experiencing divorce. Most adults over 65 who live alone are widowed or divorced. While many remain strong and independent, living alone can make everyday challenges harder.

But community can change that.

At Kind at Heart, every ramp build, home repair, produce delivery, and visit carries the same purpose — making sure seniors are seen and supported.

Be part of the community that shows up. Volunteer with Kind at Heart.





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GROWING TOGETHER

Spring is in the air, and the Legacy Garden is coming to life. Our incredible garden team has been hard at work finalizing crop plans, ordering seeds, preparing the greenhouse, and mapping out planting and harvest timelines. There's something special about the first signs of green pushing through the soil.

But what excites us most isn't just what grows in the garden. It's what grows beyond it. Each harvest basket is carefully delivered to local seniors — providing fresh, nutritious produce and something just as important: connection. We don't simply drop produce at the door. We stay. We listen. We share stories. Every basket becomes an opportunity to build relationships and community.

Yes, it's a lot of work. But the reward — healthy food, meaningful conversation, and neighbors who feel remembered — makes every seed worth planting.



Visit us on the internet at:
<https://www.kindatheart.org/>

 Kind at Heart Ministries

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