



# Helen Garst

12/29/1934 - 03/20/2025

SPONSORED BY: Joallen Moose



**“IT’S ALL FOR JESUS.”**

HELEN LEFT A LEGACY THAT CONTINUED GIVING AND TESTIFYING THAT WE HAVE A LORD WHO SAVES AND GIVES ETERNAL LIFE.

**QUOTE**



HELEN PLANTED SEEDS OF FAITH. SHE CONSTANTLY REMINDED OTHERS THEY WERE LOVED, SUPPORTED, AND BEING PRAYED FOR. HER LIFE WAS MARKED BY KINDNESS AND GENUINE CARE THROUGH EVERY SEASON

**SEEDS**



HELEN DEEPLY CARED FOR PEOPLE. SHE LOVED VISITS, MEANINGFUL CONVERSATIONS, WALKS WITH FRIENDS, AND INVESTING IN THE LIVES OF THOSE AROUND HER.

**NURTURED**

## Helen's LEGACY

From the beginning of lifelong friendship with Joallen, formed in 1966, Helen faithfully walked beside her through every phase of life — motherhood, raising children, marriages, becoming grandmothers and great-grandmothers, and navigating difficult seasons together. Even while living in different towns and attending different churches, the bond of friendship remained strong because of their shared faith in Jesus.

Friends remember Helen's kindness, love, faithfulness, peace, and caring spirit. Even through difficult valleys, her warmth and gentle smile continued to encourage those around

her. In later years, she especially enjoyed simple moments spent together — conversations over breakfast at Waffle House, sharing family pictures, discussing Scripture, and talking about life, faith, and the world around them.

One dear friend, Linda, shared a special memory from an afternoon drive. While showing Helen a neighborhood where she had once lived years earlier, Helen suddenly realized she herself had once lived just three houses away. Together they marveled at how God had already been weaving their lives together long before they ever met — in another town and another season of life.

Helen deeply loved the Lord, His Word, and the people He placed in her life. Her faith was not something she simply talked about; it shaped the way she loved, encouraged, and cared for others every single day.