

The health and safety of volunteers and senior friends is your highest priority. Here are some recommendations to consider:

- Follow the Centers for Disease Control and Prevention and the World Health Organization recommendations regarding safe and proper handling of grocery store items to reduce the risk of transmission.
- Instruct your team to be extra diligent in washing their hands, avoiding touching their face, and cleaning and disinfecting any/all surfaces that may come in contact with packages.
- Follow the CDC's official recommendations regarding how you should practice proper hygiene and respond if you (or one of your volunteers) feels sick. We encourage you to stay

www.cdc.gov



NON-PERISHABLES

- Soup Containers
- Applesauce
- Canned Veggies (4-6)
- Canned Fruit (4-6)
- Canned Chicken
- Package/Canned Tuna
- Hot Tea or Coffee
- Crackers

HOUSEHOLD ITEMS

- Toilet Paper (4-6 rolls)
- Paper Towels (2 rolls)
- Kleenex (1 box)
- Disinfectants, ie., wipes, spray, etc.
- Shampoo, Body Wash
- Personal Care Items (as needed)
- Toothpaste
- Laundry Detergent
- Trash Bags

We recommend individuals/churches reach out to seniors prior to delivery to determine individualized needs and minimize shopping trips that increase transmission risk.