



## Dear friend,

*Twila was an unassuming kind of person. Simple and kind, her trailer home was tucked into the rural landscape of Colcord, Oklahoma — a setting familiar to several Kind at Heart clients.*

Like many widows living on a fixed income, she had little support available to her. And truthfully, Twila preferred to handle things on her own . . . until she couldn't.

The threshold between her living room and kitchen was becoming a daily source of fear. The old linoleum was peeling and splitting — a small detail to some. But to Twila it was a reminder that tripping leads to falling, and falling leads to injuries that can change everything. That's when she first reached out for help.

*That worn threshold became both a literal and figurative picture of what help from a community looks like. She went from having little support to having an "army" of helpers showing up at her front door.*



### Mobility Support

Skilled volunteers repaired Twila's threshold (2022) and later built her a sturdy ramp as she began using a walker (2023). A handicap-accessible shower was installed the year after that (2024), providing Twila with safe access to dignified self-care.



### Connection & Encouragement

Twila became a recipient of regular visits and seasonal deliveries - Valentines, Christmas, and Garden goodies. These volunteer-driven visits provided her with regular check-ins & were a huge source of encouragement.



### A Community's Mission

Service teams were frequent visitors to Twila's home. They stained/maintained her ramp more than once and provided support with yard cleanup.



**RAMP  
UP**  
FOR LOCAL SENIORS



[www.kindatheart.org/rampitup](http://www.kindatheart.org/rampitup)

## Friends like you made this possible!

**Your generosity gave Twila dignity, safety, and hope. And there are many more seniors just like her — standing at the threshold and waiting for someone to show up. Just imagine if Twila never took that step toward asking for help!**

This is why I'm asking you to give a financial gift today to Kind at Heart's "Ramp It Up" campaign. Your gift provides home safety repairs, wheelchair ramps, volunteer support, and companionship for seniors who might otherwise feel forgotten.

***Please give today — whether \$25, \$50, \$100, or more — and help us continue this vital work. Your support ensures seniors in our community can stay safe in their homes and feel surrounded by care.***

Twila's life was changed because someone cared enough to give and others cared enough to show up. You can be that someone for the next senior. Will you do that today?

With gratitude,



Wayne Thomas  
Founder & Director, Kind at Heart

*P.S. Every ramp, every repair, every home visit begins with you. Please give today and help us "Ramp It Up" for seniors like Twila — and for those still waiting for help.*



— TWILA WITH VOLUNTEER



**Donate  
Today**



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